

About Care GYN Associates, PLLC
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NOTICE TO OUR PATIENTS

FOR ANNUAL/WELL-WOMAN EXAM:

An annual gynecological exam, known as "Preventative Management (PM)" and for insurance purposes consists of a physical exam (vital signs and examination of the neck, breast, abdomen, pelvic and possibly rectum), collection of PAP smear, and certain age appropriate counseling & testing. Additional tests performed during this visit include gonorrhea and chlamydia screening for women under 25, or with multiple sex partners and a urinalysis for women over 40 to screen for diabetes, infection and blood. If the PAP smear is abnormal, an HPV (Human Papilloma virus) test will be added to the PAP smear to determine further follow-up. HPV is a sexually transmitted disease (STD). Gonorrhea and Chlamydia are also STDs and these infections must be reported to the VA State Board of Health, which may contact you to inform your partner(s) regarding possible infection. For women over 40 years old, recommended additional testing may include a yearly mammogram and screening blood work for cholesterol/diabetes/thyroid problems. Mammograms are generally covered by insurance; some blood work may not be. If you are having a gynecological problem (examples: vaginal irritation, problem with menstruation, intercourse, hormonal issues, etc.), please be aware the evaluation and management (E/M) of ANY problem is considered outside the scope of a PM (annual) visit and is not covered by your insurance on the same day. We recommend that you make a separate appointment to discuss your problem. If you need your problem addressed today, your annual exam will need to be rescheduled.

For Consultations/Problems:

Consultations regarding current gynecological problems are generally covered, unless your insurance considers the condition "preexisting" to your current insurance coverage. Consultations for certain health maintenance issues or concerns (i.e. diet, exercise, weight loss, smoking cessation, depression, anxiety, sexual dysfunction, PMS), future concerns (i.e. pre-pregnancy, perimenopause) or counseling regarding hormone replacement therapy or alternatives may not be covered. It is your responsibility to know the details of what your insurance policy covers.

Risks and Responsibility:

I understand that all medical care and treatment has some risks and side effects. I will make my decisions about treatment with those risks in mind and agree not to hold my physician, or any employee of About Care GYN Associates, PLLC liable for such side effects or adverse outcomes from treatment. I understand that all tests such as mammograms; pap smears, blood tests, and others have some degree of error and do not guarantee that I am free of disease. I also agree and understand that it is my responsibility to follow and perform tests as ordered by my health care provider; to be aware of the results, and to schedule and keep appointments for follow up as directed by my physician or any employee of About Care GYN Associates, PLLC. If you have any questions, please feel free to ask.

I have read and understand the components and limitations of "Preventative Management " as stated above. I am aware that my insurance plan may not cover or pay for "preventative", "routine" medical visits, or "preexisting" medical conditions, in which case I will be responsible for payment to this office and for the laboratory services rendered.

Print Name _____ **Birth Date** ____ / ____ / ____

Signature _____ **Today's Date** ____ / ____ / ____